



- Trees Reduce Harm, that is, they mitigate the conditions that compromise health, such as air pollution or extreme heat.
- Restore Capacities by improving mental and physical functioning.
- Build Capacity for health by facilitating the conditions that promote wellness, such as settings for physical activity and social interactions.

2017 publication Urban Forests for Human Health: A Focused Economic Valuation by | Kathleen Wolf, PhD, University of Washington



Benefits of Having Trees in Your Landscape

- Have been found to increase economic development
- Increase property values
- Reduce crime rates
- Reduce Heat in Soil and reduce evaporation
- Reduce energy consumption





When Selecting a Tree Consider:

- Water needs of the tree. In Utah, Drought tolerant trees are better. "Native" and "Drought tolerant" are not the same thing.
- Size of area where the tree will be planted.
- Soil qualities (soil pH, soil texture, soil fertility, etc.)
- Light requirements
- Tree properties
 - Flowers
 - Fall leaf color
 - Size of tree
- Maintenance requirements/pests
- USU TreeBrowser, Arboretums, Public Gardens



Tree Species and Iron Efficiency

Not Efficient

Moderately Efficient

Very Efficient

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Cistena plum

Red maple

Silver maple

Sweetgum

Pin oak

Amur maple

Autumn Blaze maple (Popular tree in Utah)

Azalea

Rhododendron

Aspen

Birch

Horse Chestnut

London Planetree

Conifers

Crabapple

Flowering Cherry

Flowering Pear

Norway Maple

Shantung Maple

Ash

Box Elder

Poplar

Most Oaks

Cottonwood

Hackberry

Honeylocust

Linden

Elm



When Selecting a Tree Consider:

- Size of the trunk of tree, smaller might be better
- Dominant leader establish or could be easily established
- No disease or pests present.
- Strong branching structure and strong branch attachments
- Avoid girdling roots! If grown in a container, remove the tree from container to see if the tree is root-bound.









When is the best time to plant?

- The International Society of Arboriculture recommends planting in the spring and fall to minimize water stress. Fall time can give tree more opportunity to develop new roots prior to summer heat and stress. More diverse selection available in the spring. Slim pickings in the fall, but pricing might be lower.
- Planting can be done any time of year, if careful to provide enough water for tree to get established. All types of nursery stock will require a higher level of maintenance after planting if transplanted at less favorable times.
- In the Spring, be careful about where the trees come from. Trees grown in a warmer climate may already be out of dormancy and can be damaged by cold temperatures.

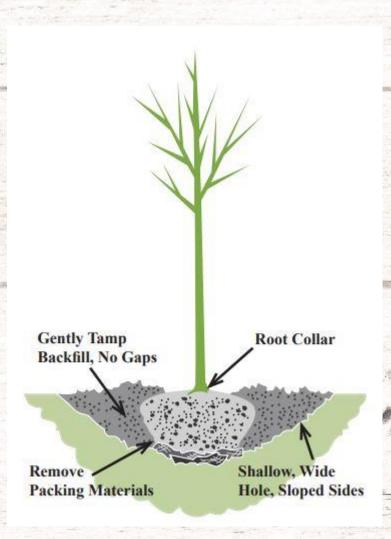




Where do I plant my tree?

- Where you plant can help reduce energy consumption and save you money.
- Plant conifers and evergreens on the East and North
 Sides of the House. Conifers also good for windbreaks.
- Plant Deciduous trees on the South and West side of House. Shade in the Summer and let light in the Winter.

How do I plant my tree?

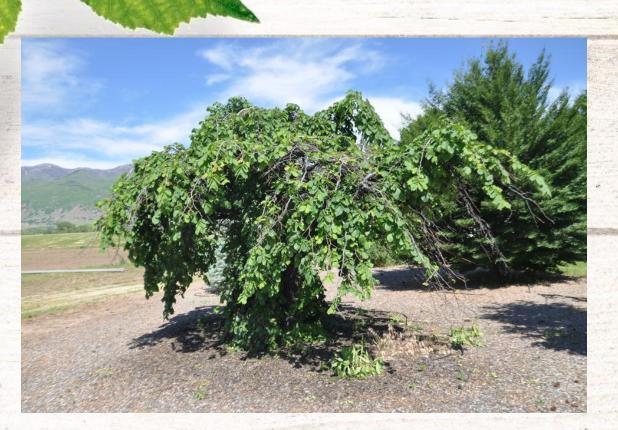


- Dig hole 2x-3x the size of the root ball in a bowl shape.
- Locate the root collar or root flare on tree. Likely buried.
 Dig hole deep enough that the root flare stays at the surface level
- Remove all tags, burlap, cages, etc.
- Carefully move tree into hole
- Begin backfilling hole halfway (no soil amendment necessary.) gently tamp to remove air gaps.
- Fill hole with water. Let sit.
- Keep bark and gravel mulch away from touching the trunk of tree.
- For trees in lawn, maintain a tree ring that would keep mowers and line-trimmers away from the trunk









• Zone: 4-6

- High Drought Tolerance
- Good for Utah Soils
- Full Sun-Part Shade



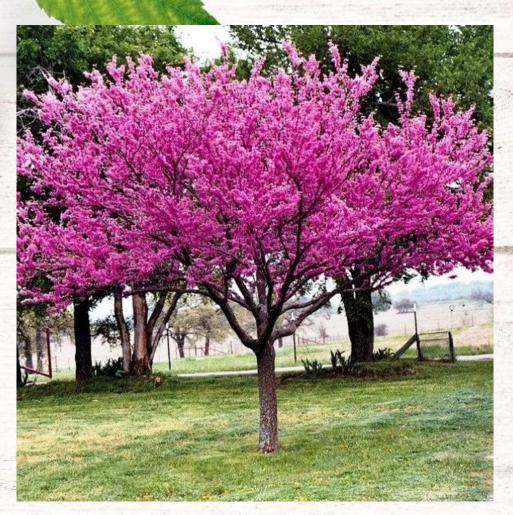




- Species: Douglas, Cockspur, Green, Lavalle, Washington
- Typically have thorns. Be careful planting next to high foot traffic areas.
- White flowers in Spring
- Excellent fall color
- High Drought Tolerance
- Fruit can be messy







- Purple flowers follow red budding in Spring (April)
- Yellow fall color
- High Drought Tolerance. Usually overwatered.
- Part-sun Part Shade Understory tree
- Good option for parkstrips







- Edible fruit
- White flowers in Spring
- High Drought Tolerance
- Prefers sandy well drained soil
- Part Sun
- Utah native





Maple, Tatarian Acer tataricum

- Zone 3-8
- Full Sun
- 'Hot Wings' commonly found cultivar
- Attractive seeds
- Drought tolerant and adaptable



GARDEN

Mountain-mahogany, Curlleaf Cercocarpus ledifolius

- Zone 3-8
- Full Sun Broadleaf Evergreen
- Slow Growing
- Utah Native
- Drought tolerant and adaptable



Learning Garden

Shantung maple (Acer truncatum) hybrids



Pacific Sunset



Crimson Sunset



Ruby Sunset



Other Small-Medium Trees that Thrive...

Z5 Chinese fringe tree 20' x 25' (Chionanthus retusus)

Z3 Amur maackia 25' x 20' (Maackia amurensis)

Z4 'Copper Rocket' paperbark maple 25' x 12' (Ascer griseum 'JFS KW22AGRI')

Z4 'Estelle' oak 30' x 30' (Quercus gambelii x macrocarpa 'Estelle')

Z6 Japanese flowering cherry 25' x 25' (*Prunus serrulata*)

Z3 Korean maple 15' x 15' (Acer psuedosieboldianum)

Z4 Seven-Son flower 15' x 10' (Heptocodium miconioides)

Z5 Saucer magnolia 25' x 25' (Magnolia soulangiana)

Z4 Japanese Tree lilac 25' x 20' (*Cornus kousa*)

Z4 Black Elderberry 12' x 12' (Sambucus nigra)

Z4 Gamble oak 25' x 25' (Quercus gambelii)

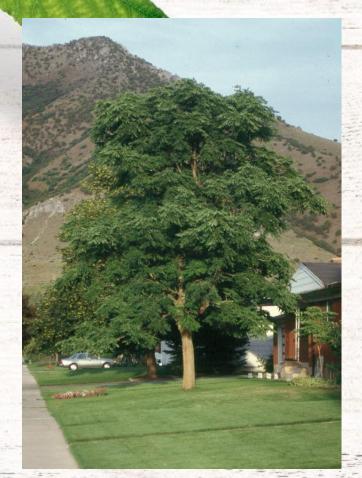
Z4 Sumac sp 10' x 10' (Rhus sp.)

LEARNING GARDEN

Info provided by Jaydee Gunnell - USU Extension







- Dioecious (female varieties are messy)
- Yellow fall color
- High Drought Tolerance. Full Sun
- Double compound leaves







- Dioecious (female varieties are messy, stinky fruit)
- Yellow fall color
- High Drought Tolerance. Full Sun
- Prehistoric. No pest problems









Bur oak (Quercus macrocarpa)

'Cobblestone'

'Urban Pinnacle'

.

Japanese Zelkova (Zelkova Serrata)

'Wireless' 'Zileration'
'Kiwi Sunset' 'Green Vase'

Honey locust (Gleditsia triacanthos 'inermis')

'Imperial' 'Shademaster' 'Northern Sentinel'

Info provided by Jaydee Gunnell – USU Extension

Other Large Trees that Thrive...

Z4 'State Street' Miyabe maple 35' x 35' (Acer miyabei 'Morton')

Z3 Sensation Boxelder 30' x 25' (Acer negundo 'Sensation')

Z4 Norway maple 40' x 40' (Acer platanoides)

Z5 'Heartland' catalpa 50' x 25' (Catalpa speciosa 'Hiawatha 2')

Z4 'Prairie Sentinel' hackberry 45 x 12' (Celtis 'JFS-KSU1')

Z4 Turkish filbert 40' x 30' (Corylus colurna)

Z4 'Skinny Latte' Kentucky coffee tree 45' x 15' (Gymnocladus dioicus 'Morton')

Z4 American hophornbeam 35' x 35' (Ostrya virginiana)

Z3 Amur Corktree 30' x 25' (Phellodendron amurense)

Z5 London Planetree / Sycamore 55' x 50' (*Platanus x acerfolia 'Bloodgood'*)

Z4 'Crimson Spire' oak 45' x 15' (Quercus x bimundorum 'Crimschmidt')

Z6 Texas red oak 35' x 35' (Quercus buckleyi)

Info provided by Jaydee Gunnell – USU Extension



